

Ref.No. 073938/ME1/1/2025

Directorate of Medical Education &  
Research,  
Kilpauk, Chennai – 10

Dated: 03.09.2025

**CIRCULAR**

Sub: Medical Education – Instructions on the course commencement and academic schedules for the current Academic Year 2025-2026 for 1<sup>st</sup> year – Reg

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The Deans of the Government & Self Financing Medical Colleges are requested to follow the instructions on the course commencement and Academic schedules for the current academic year 2025-2026 for 1<sup>st</sup> Year MBBS Students

**First Year MBBS Course (AY 2025-2026)**

Course Commencement	:	22.09.2025	
Fresher Introductory Session	:	22.09.2025	
Foundation course Start Date	:	23.09.2025	} Foundation course to be conducted as per NMC Norms
Foundation Course end Date	:	09.10.2025	
Core Curriculum Start Date	:	10.10.2025	
Vacation Period	:	25.12.2025 – 31.12.2025	
	:	25.05.2026 – 31.05.2026	

For Director of Medical Education  
& Research

*Prakash*  
*03/09/25*

To

The Deans of all Government & Self Financing Medical Colleges under the administrative control of this Directorate.

Copy to

The Tamil Nadu Dr.M.G.R. Medical University, Guindy, Chennai – 600 032.