

Ref.No. 073938/ME1/1/2025

Directorate of Medical Education &
Research,
Kilpauk, Chennai – 10

Dated: 03.09.2025

CIRCULAR

Sub: Medical Education – Instructions on the course
commencement and academic schedules for the
current Academic Year 2025-2026 for 1st year –
Reg

The Deans of the Government & Self Financing Medical Colleges are
requested to follow the instructions on the course commencement and
Academic schedules for the current academic year 2025-2026 for 1st Year
MBBS Students

First Year MBBS Course (AY 2025-2026)

Course Commencement	: 22.09.2025	
Fresher Introductory Session	: 22.09.2025	
Foundation course Start Date	: 23.09.2025	} Foundation course to be conducted as per NMC Norms
Foundation Course end Date	: 09.10.2025	
Core Curriculum Start Date	: 10.10.2025	
Vacation Period	: 25.12.2025 – 31.12.2025	
	: 25.05.2026 – 31.05.2026	


For Director of Medical Education
& Research


03/09/25

To

The Deans of all Government & Self Financing Medical Colleges under the
administrative control of this Directorate.

Copy to

The Tamil Nadu Dr.M.G.R. Medical University, Guindy, Chennai – 600 032.